

Appendix A - New or Refreshed Actions

Health and Wellbeing Strategy Delivery Plan 2022-2025													
Objective	Action	New 24/25	Owned by	Contact	Timescale	Indicator	Target	2024/25				RAG Status	Commentary
								Q1	Q2	Q3	Q4		
Priority 1 - Reduce the differences in health between different groups of people													
1.3: Take a Health in All Policies approach	1.3.3: Identify a current opportunity for a multi-team HiAP pilot project within the Council that can be used as a showcase piece in further staff education.		Health Inequalities Task Force	Elisabeth Gowens	Dec-23	Opportunity identified Project plan put together and approved Commissioning process complete Service delivered Follow-up data collected and analysed Final report on both service and the broader HiAP process	Dec-23					G	This action is complete and the final report is available on request.
	1.3.5: Refine and improve process for reviewing new council policies and impact on health and emotional wellbeing (including a focus on reducing health inequalities)		Health Inequalities Task Force	Elisabeth Gowens	Mar-24	Process developed. Template implemented	Mar-24					G	Public Health have worked with Environment Delivery to develop the Sustainability Assessment Tool (SAT) which went to Corporate Board in c.February, and was approved for a 4-6 month pilot period of use amongst volunteer service areas. The SAT assesses the environmental and socioeconomic (wider determinants) impacts of work such as commissioning, strategies, projects, events, and gives a RAG-rated breakdown of each area. Subsequent to pilot period, adjustments to the SAT will be made and a policy for usage needs to be developed, but thought is that it will replace the 'environment' and 'health' sections on corporate report templates. Updated April 2024
1.4: Address the variation in the experience of the wider social, economic and environmental determinants of health	1.4.1: Pilot a whole community approach in a local ward to tackling health inequalities, using data and engaging with local communities		Health Inequalities Task Force	Catherine Greaves	Mar-24	Approach to be developed Evaluation to demonstrate impact	Mar-24					R	This has not yet been progressed. The Health Inequalities Task Force has now been disbanded and responsibility for tackling health inequalities is now part of the workstreams for the other Sub-Groups. Updated August 2024
	1.4.4: Development of a health impact policy for planning to support healthy environments		Health Inequalities Task Force	Elisabeth Gowens	May-24	Process developed Process implemented	May-24					A	Health Scrutiny T&F Group complete, with positive feedback received for Public Health on the draft Healthy Planning Protocol which sets out the HIA policy, internal and external processes, governance/maintenance, HIA templates and guidance for developers. Final edits will be made in collaboration with the Planning Team and the ICB. Recommendations have been submitted to the ICB and will be submitted to Executive shortly, with responses to come back to Health Scrutiny later this year. The Protocol will be ready for adoption as soon as the Local Plan is approved. Updated August 2024

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	1.4.6: Green skills and jobs – seeking funding opportunities to extend the successful project, currently delivered in other areas of Berkshire, to develop skills and employment opportunities for people with disabilities in the Green economy (Groundwork).		Skills & Enterprise Partnership	Iain Wolloff	Dec-25	Number of people completing green skills education / training programmes Number of people securing jobs after completing green skills education / training programmes						A	Groundwork South have secured funding in Reading to deliver 3 x 6 week Green Skills and Employability starting in September 24, the courses gives the participant the opportunity to learn new skills and gain a City and Guilds Brushcutter and Strimmer qualification. Funding sources are still being sought for West Berkshire to support a project which benefits both the SEND community and the wider community by improving the mental health and wellbeing of the participants and increasing employment outcomes. Groundwork also have a mixed 'Green and Blue' project in development, which will be a longer project. The participants will learn about river safety, invasive species their removal, and how they can support their local volunteers and employment progression in the industry. Both projects have proven that outdoor working has increased the mental health and wellbeing to the participants and in turn some have gained employment into the Green industries. Updated May 2024
	1.4.7: Supported Internships – development of local provision of supported internships to enhance the employment routes for people with disabilities (Newbury College).		Skills & Enterprise Partnership	Iain Wolloff	Jul-25	Number of people on supported internships						G	The College have been working with WBC and 'Ways into Work' in developing two approaches: first, through the NHS 'Route to Recruit' strategy (led by Ways into Work) and identifies placements at the Royal Berkshire Hospital. There are two learners identified for this route from September 2024. Second, is placement in local businesses which links to WBC's target for 12 placements, with seven high needs learners currently identified, starting from September onwards. May 2024
	1.4.8: Employability sessions – extension of the support provided by DWP to local schools and colleges to enhance the understanding of employment options for young people. Particularly focussed on under-represented groups and on the wide range of routes to skills and future employment (DWP)		Skills & Enterprise Partnership	Iain Wolloff	Dec-25	Number of people attending employability sessions						G	The DWP have been working with schools around Berkshire to deliver Employability Skills and have had some good feedback from those schools. Further details of West Berkshire activity to follow. Updated May 2024
1.6: Ensure services and support are accessible to those most in need through effective signposting, targeted health education, promoting digital inclusion and in particular addressing sensory and communication	1.6.1: Increase awareness and uptake of council support services for those most in need e.g. winter grant (placeholder)		Health Inequalities Task Force	Catherine Greaves	ongoing	Services that are commissioned around council support from Autumn 2022 have a service specification with a clear health inequalities focus and a proportionate universalism approach.	100%					A	The Health In All Policies approach is being rolled out across the Council. Also, the Autism Partnership Board (APB) provides strategic leadership and user and family engagement in the planning and developing of services.

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needs. All in a way that empower communities to take ownership of their own health	1.6.2: Develop Digital Inclusion Champions (specific actions around recruitment and numbers in place)		Mental Health Action Group	Adrian Barker		Number of champions in West Berkshire, Geographical areas covered, communities of interest	Top 5 most deprived wards covered					R	<p>Work ongoing around digital literacy related to use of NHS app but this is not part of MHAG's current role. They are happy to support this and recommend speaking to Oxfordshire who are leading some positive work on this.</p> <p>August 2023: Met with Catherine Mustill and Martha Fischer to talk through their digital inclusion project. Their focus was to increase access to the NHS App. Suggest this action is reassigned as it is beyond the scope of MHAG. Alternatively the objective could be revised to promote co-ordination between the groups working on this, implemented by MHAG with HITF.</p> <p>October 2023: Discussed at the MHAG meeting. Cllrs Stewart and Lewis were keen to identify external funding for a project in this area.</p> <p>March 2024: MHAG is reviewing what it has the capacity to offer. A first step may be to bring together bodies operating in the area of digital inclusion to share knowledge and learning and consider if there are any ways they could work more productively together.</p> <p>June 2024: discussions are continuing to try and bring together those working in this area to see how they could support each other.</p> <p>August 2024: MHAG has not been able to find a way in which it could add value to the work promoting digital inclusion that it has identified going on in this space. It does not have capacity to deliver the action around digital inclusion champions and is not the appropriate group to take this forward. This should therefore be allocated elsewhere. It would be happy to work with others in some sort of joint endeavour, inputting the mental health perspective.</p>

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Priority 2 - Support individuals at high risk of bad health outcomes to live healthy lives													
2.1: Raise awareness and understanding of dementia and ensure support for people who have dementia is accessible and in place for them and their unpaid carers	2.1.2: Support the increase of Memory Café provision across West Berkshire		Ageing Well Task Group	Sue Butterworth	Mar-24	Set up and facilitate running of two new memory cafes in West Berkshire, with the objective that this becomes embedded and run in the Community in 2023/24.	Two new memory cafes opened and embedded					G	DFWB is a commissioned service funded by PH&WB. Contract extended until 2025. Complete: Hungerford (monthly) and Theale (Weekly) Cafes are now successfully open with good attendance Updated August 2024
	2.1.4: Induction training on Dementia to be undertaken for all Adult Social Care Staff. Event to be held with existing staff to raise awareness. Will be recorded as a webinar for future new staff		Ageing Well Task Group	Sue Butterworth / Hannah Cole	Mar-24	One Big Dementia Conversation held with existing Adult Social Care staff. Webinar to be incorporated into induction training for new staff	As a result of attendance at one Big Dementia Conversation staff are supported and have increased awareness and understanding of the impact of dementia and how their role can support families in West Berkshire					R	The decision was reluctantly taken to postpone. As this event included input and hosting with external partners, the very low confirmed attendance meant it was not viable to run. The timing of the CQC assessment may have impacted numbers. We intend to revisit this again to find out whether there is appetite among adult social care staff for this or whether this can be delivered in another way. We also discussed whether it could be extended to the whole council not just adult social care staff. No Change - Updated August 2024
	2.1.5: Work with local businesses in West Berkshire to raise awareness of role with the community, along with role as an employer for those who are unpaid carers		Ageing Well Task Group	Hannah Cole	Mar-24	Number of organisations & businesses that are members of Dementia friendly West Berkshire Number of Dementia Friendly businesses						G	Membership of DFWB has increased to 60 members although this has been driven by DFWB and does not indicate specific engagement around carers. Further discussion to take place around whether this indicator applies to older people living with dementia or all adults with other health conditions. It will be really helpful to understand the work that Carers Strategy group are doing around this too and how we can work together. Going forward it will be good to invite representative SB to the Carers strategy group meetings. Carers Strategy Group: New Provider we are working with: Reading and West Berkshire Carers Partnership. Our partners comprise of Age UK Reading, Age UK Berkshire, Reading Mencap and Communicare. With the implementation of the Carers Leave Act 2023 which came into force in April 2024, it will be worth finding out from Employers whether this has been incorporated in their organisations policy. Updated August 2024
2.2: Work together to ensure that the Dementia pathway is robust, including pre-diagnosis support, improving early diagnosis rates, rehabilitation and ongoing support	2.2.1 Raising awareness to increase identification of carers		Carers Strategy Group	Hannah Cole		Young carers card Good quality information and advice for carers Explore ways to encourage Carers to gain IT and Digital skills	On going support and encouragement to be provided to Carers to gain digital skills as this will help them to stay connected and be able to access services and support quicker.					G	Re. Social Media : The Young Carers Activity Co-ordinator feedback they have been putting timetables on for Young Carers to access. This is on Facebook and Instagram. In terms of general awareness they have been putting information about Carers Week and sharing articles with young Carers. They want Young Carers to also read about some of the challenges they face and for them to know they are not alone. The new carers strategy is in the process of being agreed - updates to follow. Presently promoting schools to be active to take up responsibility for Young Carers in their schools. We hope the number of schools who show a commitment will increase and by so doing more Young Carers will be identified. Updated August 2024

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	2.2.2 Provide information and advice to carers		Carers Strategy Group	Hannah Cole		Young carers newsletter Linking with GP Practices and Primary Health Care and other partner organisations who provide information and advice to Carers.	GP Practices and BHFT representation in the Carers group- quarterly updates					G	Young Carers Newsletter was launched in September. 1 new newsletter has been issued. The plan is that the newsletter will come out every 8-9 weeks. It contained information about recent summer holiday activities for example canoeing which the young carers enjoyed. We do have BHFT representation in the Carers group and will invite GP Heather Howells to one of our Carers Group meetings to explore how we can work in partnership with the GP Practices. The new carers strategy is in the process of being agreed - updates to follow. Updated August 2024
	2.2.3 Enable access to peer support groups for carers and young carers		Carers Strategy Group	Hannah Cole		Increase number of peer support groups available from 10 to 12 - Signpost to charities, other voluntary and private organisations that support carers and young carers.	Increase of 2 groups					G	We have the weekly Youth group for secondary school age carers. During the meetings Carers are offered a hot meal and there are always activities for them (e.g., craft, baking, sport or other physical activity). The new carers strategy is in the process of being agreed - update to follow. One of the priorities in the draft Carers Strategy is easy access to peer support groups for Carers and Young Carers. Updated August 2024
	2.2.4 Support carers health and mental wellbeing		Carers Strategy Group	Hannah Cole		Ensure Carers assessments gives Carers time to explore their needs (mental, physical, emotional etc). Ensuring carers have access to services including mental health support groups Link with GP Practices and Social Prescribers Enabling participation in activities working in partnership with local leisure centres.	Quarterly updates on Carers assessment completed, Carers Partnership to provide update on signposting Carers to mental health support groups, gym, local leisure centres, health checks etc.					G	Carers Partnership continues to report that they signpost Carers to gym or to their GP's for health Checks (once they are registered as a Carer), leisure centres. The new carers strategy is in the process of being agreed - updates to follow. Carers Strategy Group now has a Social Prescriber who will attend quarterly meetings. In the process of recruiting a Social Care Practitioner who will focus mainly on completing and monitoring Carers assessment and signposting Carers much earlier. Updated August 2024
2.4: Work with partner agencies to promote the health and wellbeing of unpaid carers	2.4.2: Review and refresh the Carers Strategy Action plan		Local Integration Board	Maria Shepherd / Hannah Cole	Mar-24	Actions as will be contained within the plan	N/A					G	Draft Carers Strategy including Delivery Plan presented to LIB and Corporate Board. Also presented to Ops Board on 8th August. Will go to Executive for full sign off as we need to consult on Strategy and Delivery Plan. Updated August 2024
2.5: Reduce the number of rough sleepers	2.5.1: Continue to work together to prevent rough sleeping and reduce the number of people who do sleep rough (Implementation of the Homelessness and Rough sleeping strategy)		Homelessness Strategy Group	Nick Caprara	Jul-05	Number of people sleeping rough	< 2					R	Nationally numbers have increased significantly meaning this target needs to be re-set for 2024/25. Updated May 2024
2.6: Improve the mental and physical health of rough sleepers and those who are homeless through improved access to local services	2.6.2: Increase dental registration among rough sleepers and those in temporary accommodation: work with ICB? to develop a process for registration (placeholder - to be determined)		Homelessness Strategy Group SE inequalities board,	Nick Caprara	Year 1	Process in place for registering	N/A					R	Process to be reviewed & discussed at HSG - recognised as national issue & barrier for homeless households. HSG have previously discussed possibility of outreach dentist but no progress in securing services Updated May 2024
	2.6.3: Adoption of the Serious Case Review Protocol		Homelessness Strategy Group	Nick Caprara	Mar-22	Adoption of protocol	N/A					G	This was completed in 2022 & has been in use operationally since this time.
2.7: Prevent, promote awareness and provide support to those who have experienced domestic abuse	2.7.1: Continue to implement the action plan from the Local Domestic Abuse Strategy 2020-2023 to meet identified aims		West Berkshire Domestic Abuse Board (BCTP)	Jade Wilder	Refresh due in 2023	Action plan	Action plan fulfilled by 2023					G	Completed. New Strategy progressing through Exec cycle.

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	2.7.2: Implement the new Domestic Abuse Safe Accommodation Strategy 2021 – 23 and accompanying action plan		West Berkshire Domestic Abuse Board (BCTP)	Jade Wilder	To be combined with full DA Strategy as part of refresh in 2023	Needs identified being met through action plan	Action plan fulfilled by 2023					G	Completed. New five year Strategy has been signed off by Domestic Abuse Board and was subject to a six week public consultation between 5 April - 19 May. It is due to be signed off by Executive on 19 September 2024. Updated August 2024
	2.7.3: Local needs assessment: need and demand for accommodation based support for all victims	Amended indicator	West Berkshire Domestic Abuse Board (BCTP)	Jade Wilder	Every 3 years (next due 2023)	Complete needs assessment by Dec 23	N/A						G
2.8: Support people with learning disabilities, engaging with them and listening to them through working with voluntary organisations	2.8.2: Implement Positive Behaviour Support across Health and Social care		Skills and Enterprise Partnership (working with MP Laura Farris)	Iain Wolloff	Annual	Delivery of event. Attendance. Feedback	40					G	As previously reported, the 2023/24 annual Work & Careers Fair (the 'Destinations Expo') was successfully delivered on 12th October 2023 at Newbury College, with 1,200 young people from local secondary schools attending, and around 60 employers and other organisations exhibiting. Planning for the 2024/25 Destinations Expo is well underway for 10th October 2024, with ambitious plans to increase attendance to 1,500 young people and to grow the number of employers and education providers exhibiting to 70. Recruitment of employers for the event is progressing well, and the meeting of the specific needs of students with SEND is embedded into the event. Updated May 2024
	2.8.4: Extension of the "Delivering Life Skills" Programme, delivered by the EBP.		Skills and Enterprise Partnership	Iain Wolloff	Annual	Delivery of programme attendance Feedback from young people and schools	60 young people attending the DLS programme					G	The H&WB approved funding for this programme in 2022/23, which was delivered in secondary schools by the EBP. All sessions were completed by July 2023, with a significant increase to 250 participants. The further funding bid for 2023/24 was discussed at the HWB Board, however there are currently no identified funds to support these activities in 2023/24. Greenham Trust are providing continuing funding for part of the programme, but, at present, the offer to Schools has been reduced. Updated May 2024
2.9: Increase the visibility and signpost of existing services and improve access to services for people at higher risk of bad health outcomes	2.9.3: Re-development of the Health and Wellbeing Board engagement group	Amended	HWB engagement group	TBC		HWEG re-established and ToR agreed	Nov-23					G	A draft Terms of Reference was prepared, which was discussed at the HWB Steering Group on 15 September 2023. There were concerns about resourcing the group, who will chair it, and how it would be sustainable in the longer term. It was agreed that coordination of comms could be achieved without the need for a formal sub-group. Sally Moore has been invited to attend Steering Group and is meeting regularly with the LA comms teams. Nothing further is planned for this action. Updated May 2024.
	2.9.8: Use targeted paid adverts on social media to improve knowledge and awareness of services, tips and advice about health and wellbeing (placeholder)		Communities and Wellbeing	Steven Bow	Mar-24	To be developed	TBC					G	The Public Health Team puts frequent content on social media to support national campaigns, such as Covid and flu vaccinations, measles vaccinations, Mental Health Awareness Week, etc, as well as hot and cold weather alerts and messaging. They also share blogs from UKHSA on relevant topics. Paid adverts will be considered as necessary going forward.
	2.9.9 Organise an annual Health and Wellbeing Conference, which is focused on current issues and tackling health inequalities		-	Gordon Oliver	Annual Next event April 2025	No. of people registering for the event No. of providers attending the marketplace	100 5					G	The 2024 conference took place on 19 April and was themed around Primary Care and Community Outreach, promoting the ICB's Primary Care Strategy, Pharmacy First and the Community Wellness Outreach Service. Updated May 2024.

Priority 3 - Help families and children in early years

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3.1 Ensure families and parents have access to right and timely information and support for early years health. Working with midwifery, Family hubs, healthy visiting and school nursing	3.1.1 1001 Days Platform		Childrens Early Help and Prevention Partnership	Jo Roberts / Nerys Probert			Feedback from families. Platform live					G	There was a soft launch for the Best Start in Life – The first critical 1001 days digital platform in December 2023. Parents' feedback was collected during the development stage, but we are mindful that we also want to test it further as a live resource so we can get additional feedback and make changes if we need to. We are in the process of doing this and will be able to feedback more information in due course.
	3.1.2 Enhance the Midwifery, Health Visitor and Early Response Hub liaison meeting to identify children and families at early help at the earliest opportunity		Childrens Early Help and Prevention Partnership	Steph Coomber - Early Response Hub	Sep-23	Increase in the number of pregnant women from vulnerable communities accessing support at an earlier stage	Vulnerable women receive support					A	Early Years' sits within Education and therefore we are unable to comment fully however ERH works closely with the family hubs. We have a family hub worker present within ERH and ERH are now the highest referral source into family hubs. Our presence within the community needs to be enhanced and we would want co-location within the family hubs themselves or any other community space available. However we do have reach into many areas of the community via the collaborative work and partnership working via our 16 agencies who are partnered with ERH, the majority of which are community based. We undertake mapping to identify those within the community who may be in greater need. This is amber due to resource challenges and also the lack of buy-in on co-location. Updated May 2024.
3.2: Ensure families and parents have access to right and timely information and support for early years health. Working with midwifery, Family hubs, healthy visiting and school nursing	3.2.1 Map parenting provision in West Berkshire identifying any gaps in provision		Childrens Early Help and Prevention Partnership	Amber Clarke - Supporting Families Parenting Coordinator	Aug-23	Parenting provision (groups, classes, one to one, online) is identified across West Berkshire, with any gaps in provision being identified	To identify parenting provision across different sectors and locations					G	Complete: Have identified the gaps and working on parenting provision to address the gaps. Updated August 2024
	3.2.2 Update the West Berkshire Directory with Parenting information to ensure professionals and parents can access courses		Childrens Early Help and Prevention Partnership	Amber Clarke - Supporting Families Parenting Coordinator	Dec-23	Parenting information is available and accessible through the West Berkshire Directory	To make information about parenting available to parents and professionals, easing access to such provision					G	Complete: West Berkshire Directory is maintained directly by the page owner. All owners must take responsibility for updating individual pages. Updated August 2024
	3.2.3 Create parenting information on West Berkshire Council website that enables parents to identify the most suitable type of parenting support available to them linking back to the WB Directory		Childrens Early Help and Prevention Partnership	Amber Clarke - Supporting Families Parenting Coordinator	Mar-24	Parents can identify through age range/stage, specialist need or location the most appropriate course/support to meet their parenting need	Parenting provision is easier to identify and locate by parents and professionals					G	Complete: The Website has been updated and additional information added making the navigation or searches more user friendly. Updated August 2024
	3.2.4 Develop and promote Parental Conflict training and resources to those involved in providing Early Help		Childrens Early Help and Prevention Partnership	Didge Oku - Reducing Parental Conflict Coordinator	Jan-24	Practitioners and professionals are trained and equipped to identify and address parental conflict in the Early Help space	Practitioners are trained in reducing parental conflict					G	West Berkshire were successful in their funding bid to DWP and Didge has lead on training and development in reducing parental conflict. We are on track to deliver our training plan linked to the funding, and champions for parental conflict are being trained. We are very pleased to inform that we have been successful in our bid for further funding. Didge can continue to deliver further training in the early help space to our community partners, schools, Homestart up until this round of funding ends in March 2025. Updated May 2024.
	3.2.5 Work with the wider partnership to address any gaps in parenting provision identified		Childrens Early Help and Prevention Partnership	Amber Clarke - Supporting Families Parenting Coordinator	Mar-25	Gaps identified in parenting provision are addressed through the creation or commissioning of provision to meet identified needs	Gaps in parenting provision are met					G	Complete: Provision has been reviewed and gaps in provision identified. Facilitator training for professionals has taken place in Nov 2023 & Feb 2024 with 22 Primary Schools across West Berkshire being trained. Further training is available for SEN once the universal provision has been successfully reviewed. Updated August 2024

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3.3 The Early Help system in West Berkshire is designed to meet the needs of children and families who need early help support	3.3.1 Undertake a self-assessment of Early Help in West Berkshire to identify strengths and areas for development		Childrens Early Help and Prevention Partnership	Stacey Clay - Supporting Families	Jul-23	Early Help System Guide is completed covering Leadership, Data, Workforce, Communities and Family Voice	Strengths and areas for development are identified in the our Early Help System					G	Complete: This was completed by the deadline of 30th June 2023 and submitted to Department for Levelling Up, Housing and Communities.
	3.3.2 Create, test, pilot and evaluate an Early Help digital referral form that can be used across the partnership		Childrens Early Help and Prevention Partnership	Steph Coomber - Early Response Hub	Oct-23	Partners in community settings have confidence in identifying and referring children and families who need Early Help support	Early Help referral form is created and embedded in practice.					A	The referral form has been created in collaboration with partner agencies who were welcoming of a digital referral form. This form went live in October 2023 and some progress has been made embedding this into the practice of our main referring bodies/agencies. We continue to 'work with' the want to create an environment of collaboration however engaging in partners in completing the form is proving a significant challenge. Updated May 2024
	3.3.3 Review, amend and update My Family Plan as a tool that can be used across the Early Help system to drive the early help practice		Childrens Early Help and Prevention Partnership	Karen Atalla - CAAS	Dec-23	Partners in community settings have confidence in leading or participating in a My Family Plan	Children and Families in need of early help find My Family Plan a useful tool to drive change and support					A	There continues to be hesitency/reluctance with some partner agencies in uptaking the MFP. ERH offer consultations and support if needed to partners who undertake MFP's. We have funding for three MFP co ordinators and have been succesful in recruiting to these posts. The three co ordinators focus on supporting partners, particularly within schools to use the MFP as a tool to drive change and support. There remains an issue with the collation of pure data on numbers of MFP's started and closed, as the electronic form has not been accepted/utilised widely. Most agencies that have engaged with an MFP are still utilising the paper forms. It was hoped that MFP's could be placed and accessed by partners on CareDirector to resolve the issues, however unfortunately this is no longer an option. The MFP form was developed using feedback from schools and hubs, and electronic access to the platform for MFP's has been developed, however schools continue to state that they still find this a challenge and it is not being used widely. It is positive that the family hubs are engaging with the MFP's on the digital platform. It is hoped that with the input of the MFP failitators, the ongoing support of ERH, and the influence of senior managers, that the uptake will improve. We continue to drive this agenda forward, however this is marked Amber in the hope that the additional support of the co ordinator, the SW in schools and the ongoing support of ERH, will bring this to Green going forward. I acknowledge the challenges with the electronic platform etc, however the 'buy in' has not yet been evidenced even with the mitigations and levels of support offered by ERH. Updated May 2024
3.3.4 Review the role of Family Hubs in the Early Help system in light of the Social Care Review recommendations		Childrens Early Help and Prevention Partnership	HOS Education / HOS CFS	Mar-24	Family Hubs role in Early Help and Family Help is clarified and strengthened	Families in need of Early Help are able to access support in a timely accessible way					A	There is a want to promote timely accessibility from the site of the hubs by co locating ERH and some partner agencies we link with, within the hubs and ensure that 'families' receive the support only having to tell their story once and in one place. Discussions continue.	

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	3.3.5 Develop a Family First assessment that assesses and intervenes with families who require more enhanced early help support		Childrens Early Help and Prevention Partnership	Karen Atalla - CAAS and Steph Coomber	Aug-23	Families presenting with multiple needs are diverted from statutory intervention through a Family First Assessment to have their needs met in the Earlier Help space	Families receive the right support at the right time from the right people					G	CAAS and ERH have and continue to develop their offer, the right support at the right time from the right people has been the vision that ERH was built upon, and the offer from ERH has grown significantly and continues to develop. In response to the Care Review and the national Framework we developed a practice framework that can be used to enhance our offer and is a way of working that ensures that children and families are enabled to bring their own solutions and supported to do so. The success of this model of working is significant. The data clearly evidences the following: reduction in CP plans, reduction in s17 CIN, reduction in families requiring long term support and significantly reduced caseloads in FSM teams. The data within Datazone can be viewed. The risk for this way of working is that resource is not distributed accordingly based on the significant increases of volumes seen in ERH and the significant reductions seen in other parts of the service. Updated May 2024.
3.5: Publish clear guidelines on how families can access financial help, tackling stigma around this issue	3.5.4 Work with voluntary sector partners to review options and agree a way forward for providing ongoing support to residents who are struggling to cope with the rising cost of living.		Public Protection	Sean Murphy	Oct-23	Support model agreed.	New arrangements in place from October 2023						
Priority 4 - Promote good mental health and wellbeing for all children and young people													
4.1 Enable our young people to thrive by helping them to build their resilience	4.1.1: Health and wellbeing in schools programme: 1. Health and Wellbeing in Schools Award 2. The Public Health and Wellbeing Health and Wellbeing in Schools programme.		Communities and Wellbeing (Public Health)	Paul Graham	Mar-24	1. No. of schools taking up offer. 2. Universal Year 3 Living Well workshop	1. 75% of schools who start the award completing it 2. 30 schools receiving workshop	1. 0	2. 2			G	1. Three schools completed award in Q1. 3 schools still in progress yet to complete. 2. 30 schools received universal workshops in 2023/24 Updated May 2024
	4.1.3: Develop and expand the Young Health Champions programme		Communities and Wellbeing (Public Health)	Paul Graham		Number of champions recruited. Number of young people reached.	2022/23 - 30 per year	4				A	29 YHC created in 2023/24. Target missed by one this year due to student drop outs. Plan in place to increase places and engagement this year with delivery scheduled in school in Q1 of 24/25 . Updated May 2024
4.7: Improve the process for transition to adult mental health services	4.7.6 Dedicated 16-25 transitions worker within CYP Substance Misuse services		Substance Behaviour Partnership	Denise Sayles	New contract beginning April 2022	Worker in place						R	DS to prepare new actions to come out of Combatting Drugs Partnership. Currently on hold due to staff sickness.
Priority 5 - Promote good mental health and wellbeing for all adults													
5.1:Tackle the social factors that create risks to mental health and wellbeing, including social isolation and loneliness	5.1.3: Work with the Homelessness Strategy Group to understand gaps and/links to poor mental health and wellbeing (e.g. reason for eviction)		Homelessness Strategy Group	Nick Caprara	Jun-22	Gaps identified in service provision % of homeless people reporting being support with their mental health (place holder)	As per Homeless Strategy Group KPI's					A	All RSI cases suffer from MH issues to some degree. Indicator requires review & refining at HSG to aid future bid rounds. Dual diagnosis funding reduced by 50% in 2023/24. £0 for 2024/25 post. Updated May 2024

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Health and Wellbeing Strategy Delivery Plan 2022-2025													
Objective	Action	New 24/25	Owned by	Contact	Timescale	Indicator	Target	2024/25				RAG Status	Commentary
								Q1	Q2	Q3	Q4		
	5.1.4 Raise awareness of resources and interventions that help to address mental health and wellbeing and related issues (e.g. rural isolation and loneliness) to residents, community groups and key stakeholders		Ageing Well Task Group	Sue Butterworth	Dec-22	Number of entries inputted onto aDoddle (community mapping tool) Number of hits on West Berkshire directory							Z cards updated again and a further 5,000 cards have been ordered. 3,000 for schools and 1,000 for west Berkshire foodbank, 50 to Newbury Soup Kitchen, 100 to West Berkshire Suicide Prevention Action Group. We have also provided some to Healthwatch and the new Be Well this Winter service. Ageing Well Task Group meeting to decide on actions. Suggestion that this action is split into two - one for MHAG around raising awareness and one for AWTG around rural isolation and loneliness. No change - Last updated August 2024
5.2: Work with local communities, voluntary sectors and diverse groups to rebuild mental resilience and tackle stigma	5.2.4: Run regular service users engagement events to ensure the continuous improvements of local services e.g. Thinking Together		Mental Health Action Group	Adrian Barker	Mar-23	Number of Thinking Together events held Number of service users attending events % service users and % professionals in attendance	As per service specification/ funding agreement					G	March 2024: since Healthwatch do not have the necessary resources to run these events, it has been decided to establish a Mental Health Forum. This will involve the same range of stakeholders as 'Thinking Together' events, in smaller numbers, but meeting more frequently. The new forum is being set up in a co-produced way, between professionals and service users. June 2024: we are continuing to meet with service users and others to co-design a Mental Health Forum, to ensure the service user voice is heard. August 2024: as a result of a series of co-production meetings, the first meeting of the Mental Health Forum is due to take place on 14th October.
5.3: Recognise the importance of social connection, green spaces and different cultural contexts for mental wellbeing. Increase social prescribing by promoting access and signpost to activities that promote wellbeing	5.3.2. Support the creation of activities and initiatives that enable people to connect with nature and greenspace to improve their wellbeing		Ageing Well Task Group	Sue Butterworth		Work in partnership to develop a supported volunteer programme with residents with a learning disability, which addresses the identified need for gardening help for ageing or vulnerable residents in West Berkshire	Gardening help for elderly and vulnerable residents					A	A feasibility review of these actions has been undertaken and it was agreed that there was currently no budget or staff capacity to take these forward Request to remove Updated August 2024
	5.3.3. Support the creation of activities and initiatives that enable people to connect with nature and greenspace to improve their wellbeing		Ageing Well Task Group	Sue Butterworth		Work in partnership to develop a supported volunteer programme with residents with a learning disability, which addresses the identified need for gardening help for ageing or vulnerable residents in West Berkshire	Support and encouragement for people with learning disability to acquire new skills and confidence which could help them into paid employment					A	A feasibility review of these actions has been undertaken and it was agreed that there was currently no budget or staff capacity to take these forward Request to remove Updated August 2024
	5.3.4 Using a co-production approach where possible - develop and deliver nature for health activities to reduce social isolation and loneliness and support communities		Ageing Well Task Group	Sue Butterworth		Using a co-production approach develop and deliver nature for health activities to on an intergerne	Deliver a nature for health project to an intergenerational audience					G	Completed - Intergenerational gardening project set up working with residents Newbury Grange care home and children from Fir Tree School. This is now operational and proving popular and successful.

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Health and Wellbeing Strategy Delivery Plan 2022-2025													
Objective	Action	New 24/25	Owned by	Contact	Timescale	Indicator	Target	2024/25				RAG Status	Commentary
								Q1	Q2	Q3	Q4		
5.4: Improve access to, quality and efficiency of services available to all who need them, including improved digital offerings for those who can and prefer to use them.	5.4.4: Develop and promote a range information and tools to support transition across the life course (e.g. birth, school, college/ university, employment, moving house, marriage, divorce/ separation/ widow, bereavement) through Be Well (or similar platform).		Mental Health Action Group	Adrian Barker	Apr-22	Number of resources produced	One per quarter					G	<p>March 2024: it has been decided to pursue bereavement as a key transition across the life course. The first step will be to bring together relevant bodies engaged in this area to identify any problems and suggest ways in which they could be addressed.</p> <p>June 2024: a first meeting to investigate the impact of bereavement on mental health and identify areas where more could be done, is to be held in July.</p> <p>August 2024: a workshop involving a range of stakeholders (15 attendees) was held on 22nd July. A report summarising the event has been sent to attendees for comments. Further meetings are due to be held to take this forward.</p>
	NEW: 5.4.5: Monitor and support the implementation and development of the new Mental Health Integrated Community Service in West Berkshire		Mental Health Action Group	Adrian Barker	Mar-24	Regular reports/updates to MHAG from BHFT	TBC						G
5.6: Improve access to support for mental health crises and develop alternative models which offer sustainable solutions, such as peer mentoring or trauma-based approaches.	5.6.2: Implement and deliver the priorities of the new Berkshire Suicide Prevention Strategy		Shared Public Health Team	Steven Bow	Jan-24	Operational delivery plan produced	N/A					R	<p>Work on the Suicide Prevention Strategy has been delayed due to staff sickness. An update was provided to the Health and Wellbeing Board meeting on 2 May.</p> <p>The new Director of Public Health and Consultant in Public Health are reviewing the allocation of team resource for supporting the local implementation of the Berkshire Suicide Strategy and defining the local action plan. This work will be led by the West Berkshire Suicide Prevention Action Group through appropriate sub-groups, aligned with the Pan Berkshire Suicide Prevention Group, with support from West Berkshire governance structures.</p> <p>Updated: August 2024</p>

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Health and Wellbeing Strategy Delivery Plan 2022-2025													
Objective	Action	New 24/25	Owned by	Contact	Timescale	Indicator	Target	2024/25				RAG Status	Commentary
								Q1	Q2	Q3	Q4		
	5.6.3 Raise awareness of the issue of suicide, its causes and sources of help to those affected by either feeling suicidal or bereaved as a result of suicide.		West Berkshire Suicide Prevention Action Group	Garry Poulson	Apr-22	Number of organisations contacted	10 per quarter					A	<p>Q1 2023/24: Delivered Suicide First Aid Courses during April, May and June. Attendees included Street Pastors, Healthwatch, Solicitor, Citizens Advice, Handybus, Soup Kitchen, Sport in Mind and Time 2 Talk.</p> <p>Continued to visit and leave information / email information to pubs, hairdressers, barbers, tattooists, social and sport clubs amongst others. Had useful meetings with Andrew Spaak from West Berkshire Injury Clinic who is keen to book courses for local rugby clubs.</p> <p>Our Director visited and sent information to the fire station in Theale and Swift local delivery firm, both wishing to explore possibly booking courses.</p> <p>Q2 2023/24: Suicide First Aid Courses paused during summer holiday.</p> <p>Had follow-up meeting with Andrew Spaak who is hoping to bid for courses for Hungerford and Thatcham Rugby Clubs. Also had meetings with Waterside Centre and local PCSOs.</p> <p>Contacted SOBS to find out how to set up a support group.</p> <p>Attended meeting in Theale re local mental health services.</p> <p>Continued to deliver leaflets, cards, QR codes, including to shops and businesses.</p>